

Content Collection

Redefining digital learning



Who are we?

Learning Nexus. But some people just call us LN.

At Learning Nexus, we have one goal; 'simplify digital learning'. Make no mistake though, 'simplify' does not mean boring. Our team of digital learning experts work with clients to create

unforgettable experiences which leaves learners feeling empowered and ready to tackle their next work challenge.

Want to see more? Check out our [showreel](#).



 Learning
Nexus

 An
Empowering
People Group
company

What is the Content Collection



An expertly curated collection of courses

Our catalogue includes a selection of digital learning courses designed to engage and empower your people.

They are designed to inspire and engage your people and we have put together the essentials that will upskill and develop managers and employees so that they are adaptable and prepared to face today's complex landscape.

Catering to all learning styles, our content blends video, gamification, quizzes, and bite-sized modules to engage every learner. Fully customisable to meet your needs, we ensure employees stay motivated and succeed in their learning journey.

Bite-sized Micro Learning

At LN, we want learning to be fun, so we've lovingly created a cast of colourful characters to help us do it. Introducing, the eBytes.

eBytes are a series of animated videos that send a shot of learning straight to your brain in five minutes or less. They cover a broad spectrum of topics, from phishing to lone working to mental health and more.

But rather than have us explain till we're blue in the face, why not check out what an eByte is for yourself? Scan or select the QR code below to check out our [*eBytes Explained video.*](#)



If you see this icon next to any courses it's an Ebyte!

Latest course releases

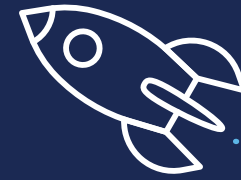
For the latest course releases, we are in a privileged position of having insight from across the Empowering People Group into what the biggest pain points are to achieving employee empowerment, so this is the latest to come from our course releases.

With so much employment law change in play, we've collaborated with our employment law group company, Halborns, to bring you courses designed to ensure your workforce knows their duty in creating psychologically safe work environments and reducing the risk of employment tribunal claims.

- Preventing sexual harassment at work
- Better banter at work factsheet
- Equality, diversity and inclusion

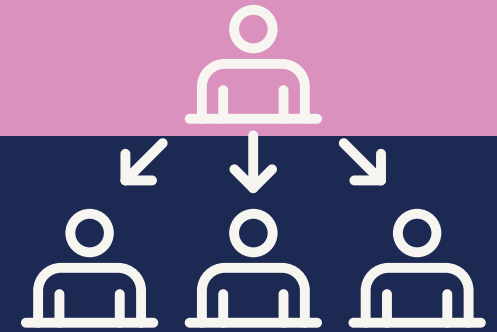


Halborns.



Manager & People

Empowerment



The role of line managers is more complex than ever as they manage hybrid teams and more employment law changes than we've seen in decades - all whilst managing their day-to-day role.

Managers will face many challenges in their career, because it's one thing to manage your own workload, but it's an entirely different thing to manage the workload and performance of a whole team! From having difficult conversations to recruiting a new hire, we have a spread of courses to help you tackle any obstacle that comes your way.











Manager & People Empowerment

- An Introduction to Meetings
- An Introduction to Time Management
- An Overview of Performance Appraisal
- Attracting Candidates and Producing Job Advertisements
- Creating SMARTER Objectives
- Delegation
- Delivering Presentations
- Introduction to Negotiation
- Job Analysis, Job Descriptions and Person Specifications
- Negotiation Tactics
- Objectives for Managers
- Ongoing Appraisal
- Organising and Running Effective Meetings
- Preparing for Presentations
- Preparing for the Appraisal
- Shortlisting Candidates and Selection Techniques
- The Appraisal Discussion
- The Importance of Setting Goals in Time Management
- The Recruitment Process - An Overview
- The Role of the Coach
- Time Management: Deciding Your Priorities
- Time Management: Managing Disruption and Keeping Focused
- Time Management: Planning and Scheduling
- Understanding and Handling Meeting Behaviour











Click on the course names to view the course factsheets

Manager & People Empowerment

- 5 Tips for Successfully Managing Remote and Home Workers
- A Background to Body Language
- At Your Service – Shows examples of excellent customer service and its benefits 
- Barriers to Listening
- Becoming a Better Listener
- Body Language for Sales
- Body Language in Interviews and Meetings
- Dealing with Violence and Aggression at Work
- Dealing with Violent Behaviour
- Delivery from the Past – How to plan effectively to meet your objectives 
- Do Not Disturb – How to get some peace by minimising interruptions 
- Dr Fluffy's Plan – How to see the bigger picture and consider implications of the decisions you make 
- Easy Street – The easy way to manage difficult people 
- Establishing an Effective Work Life Balance when Remote or Home Working
- Get the Picture – How to inspire creativity within your team 
- Get to the Point – How to avoid the frustration of yes/no answers by asking open questions 
- Great Monster Cake Off – How performance can be measured and what you can to do deliver 
- Handling Violence and Aggression at Work
- How to Communicate When Working Remotely
- Introduction to Violence and Aggression at Work
- It's Not a Knockout – How to identify conflicts within your team, and find ways to resolve them 
- Leading Effective Remote Meetings
- Listening Skills
- Listen Up – How to open your ears and listen effectively 
- Managing and Maintaining an Organisational Culture with Remote and Home Workers

Manager & People Empowerment

- Managing your Own Personal Development when Remote or Home Working
- Nonverbal Communication
- On the Face of It – Explains body language 
- Own Your Email – How to minimise the distraction of emails by taking control of them 
- Preventing Bullying in the Workplace 
- Probing Questions
- Project Priorities – How to cook up a winning formula for setting priorities when managing projects 
- Remote Recruitment for Managers
- Returning to Work During Exceptional Times
- Smallblot's Big Adventure – How to develop yourself and encourage others in the pursuit of learning 
- The Good, the Bad and the Angry – This explains how to deal with difficult customers 
- To-Do or Not To-Do – Understand the importance of ensuring tasks on your to-do list are relevant 
- Tough Love – How to spot poor performance, manage it and live happily ever after 
- Understanding Body Language
- Unproductive Questions
- Using Open and Closed Questions
- Why Questions are Important
- Working from Home in Extraordinary Circumstances
- Unconscious Bias in the Workplace

Mental Health



Mental health concerns are the leading cause for sickness absence and many organisations and managers aren't equipped to support positive mental health in the workplace.









Our suite of mental health courses have been created to increase awareness and promote a culture of resilience, compassion, and empathy.

- An Introduction to Healthy Home Working
- Ensuring Good Mental Health when Remote or Home Working
- Ensuring Healthy Temperature, Lighting and Ventilation when Working from Home
- Handling Stress at Work – A Guide for Managers 🌈
- Handling Workplace Stress 🌈
- Mental Health Disorders, Symptoms and Treatments
- Mental Health vs Stigmas
- Supporting Good Mental Health
- What is Mental Health?



Mental Health



- Five Steps to Mental Wellbeing – Explains what mental wellbeing is and five steps to improve it 
- Keeping an Eye on Mental Health – Explains how Managers can spot the signs of mental ill health 
- Let's Talk about Mental Health – Enables you to talk about mental health 
- Mindful Minutes – Explains what mindfulness is 
- Mindfulness at Work – Explains the benefits of practicing mindfulness in the workplace 
- Rage Gauge – Explains what aggression is and lists some of its causes and consequences 
- What is Depression? – Explains what depression is and the symptoms of it 
- What is Mental Health? – Explains what mental health is 



Equality, Diversity & Inclusion

EDI is not a corporate buzzword or a compliance checkbox, it's something that's needed for any business to truly thrive. Develop a company culture that includes and values all of its colleagues and learn to spot discriminatory behaviour before it escalates into something more with our EDI suite.



Equality, Diversity & Inclusion

- Age Discrimination
- An Introduction to Harassment, Victimisation and Bullying
- Direct and Indirect Discrimination
- Disability Discrimination
- Diversity and Equality
- Ensuring Equality in Applications and Interviews
- Ensuring Equality when Advertising a Job
- Equality when Recruiting
- Flexible Working
- Gender Reassignment Discrimination
- Harassment, Victimisation and Bullying in Action Activity
- Maternity Leave
- Parental Bereavement Leave and Pay
- Paternity and Adoption Leave
- Race Discrimination
- Reasonable Adjustments
- Religion, Belief and Non-Belief at Work
- Religion, Belief and Non-Belief Discrimination
- Sex Discrimination
- Sexual Orientation Discrimination
- Unpaid and Shared Parental Leave
- What is Disability?
- What is Religion, Belief and Non-Belief
- Childhood Bereavement – An Introduction
- Child Neglect and its Causes (SCIE)
- Child Sexual Exploitation (SCIE)
- Domestic Abuse Awareness
- Female Genital Mutilation (FGM)
- Incel Awareness in the Workplace
- Menopause at Work











Legal & Compliance

The employment law and compliance landscape is forever evolving so ensuring everyone knows their responsibilities across the business is vital for protecting organisations from legal risk.

Making learning engaging is key and we offer a range of courses.

- An Introduction to Freedom of Information (FOI)
- Bribery Act
- Cyber Security
- Data Protection 2018 & GDPR
- Dealing with Requests for FOI
- Information Security
- Introduction to Information Governance
- Modern Slavery
- Money laundering
- Protecting Confidential Information
- Right to Work
- Whistleblowing

Legal & Compliance

- Cover All Bases – How you can ensure your passwords are protected 
- End of The Line – How DoS attacks can disrupt networks and how social engineering targets individuals 
- Gone Phishin' – Arms you with the necessary weapons to fight back against phishing attacks 
- In Safe Hands – Introduces you to the Security League and the superpowers they possess 
- In the Nick of Time – Introduces cyber attackers crime gang and the methods they use to commit their crimes 
- On Guard! – Introduces you to the murky world of system attaches, including a look at the dangers, methods of attach and how you can minimise the risks 
- Safety in Numbers – How to create strong passwords to prevent attackers from stealing your data 
- Think Before You Click – How to avoid getting speared into providing personal and sensitive information 



Health & Safety





Health and safety courses are essential for creating a safe and compliant workplace. They provide employees with the knowledge and skills to identify hazards, prevent accidents, and respond effectively in emergencies.

Our courses are key to reducing workplace risks, ensuring legal compliance, and creating a culture of safety.



If you see this icon, it's RoSPA Assured!

*RoSPA is the Royal Society for the Prevention of Accidents

- All By Myself – Introduces you to a lone worker and explains what lone working is 
- Allergic and Food Intolerant Customers 
- An Introduction to Basic First Aid 
- An Introduction to Health & Safety at Work 
- An Introduction to legionella and its Control 
- An Introduction to Managing Health & Safety at Work 
- An Introduction to Risk Assessment 
- An Introduction to Working at Heights 
- Asbestos Awareness 
- Asbestos Basics 
- Avoiding Slips, Trips and Falls whilst Working from Home 
- Avoiding Slips, Trips and Falls 
- Avoiding the Risk of Fire when Working from Home
- CDM Regulations 2015
- COSHH Awareness 
- Deciding if a Load is Safe to Handle – Explains how to decide if a load is safe to handle
- Ensuring Healthy Temperature, Lighting and Ventilation when Working from Home
- Fire Evacuation – How to evacuate from a fire as safely as possible 
- Fire Safety and Evacuation Refresher
- Fire Safety and Evacuation 

Health & Safety

- Food Safety Essentials 
- Hand Hygiene - A Video Guide to Effective Hand Washing
- Health and Safety Induction
- Introduction to Health & Safety International (Available in English, French, Polish & Spanish)
- Level 1 Health & Safety in Construction
- Lone Worker Types and Typical Risks
- Lone Working - Hazards and Risks
- Managing Electrical Safety - Controlling Electrical Hazards 
- Managing Electrical Safety - Identifying High Risk Electrical Hazards 
- Managing Electrical Safety - Inspection, Test and Maintenance 
- Managing Electrical Safety - Live Overhead or Buried Power Lines 
- Managing Electrical Safety - Principles of Electricity and Its Effects 
- Manual Handling 
- Personal Safety in Other People's Homes and Premises
- Protecting the Environment at Work and Home 
- Reducing the Risk of Fire – How to reduce the risk of fire in the workplace 
- Risk Assessment for Managers 
- RSI - Repetitive Strain Injury 
- RSI - Repetitive Strain Injury 
- Safe Manual Handling Refresher
- Setting up a Safe Workspace while Working from Home
- Sharing Isn't Always Caring – Explains how infections can spread 
- Slips, Trips and Falls Refresher
- Staying Safe in Confined Spaces 
- Staying Safe when Working from Home
- Staying Safe with DSE – An Overview 
- Staying Safe with DSE – Fixed DSE 
- Staying Safe with DSE – Fixed Workstations 
- Staying Safe with DSE – Mobile DSE 
- Staying Safe with Electricity whilst Working from Home
- Staying Safe with Electricity 

Health & Safety

- Staying Safe with Hazardous Substances 🌈
- Staying Safe with Noise 🌈
- Still All By Myself – Explains who is responsible for health & safety of lone workers 🗣️
- The Cause of Slips, Trips and Falls – Outlines the causes of slips, trips, and falls 🗣️
- The Safe Lifting Process – Explains the safe lifting process 🗣️
- Under Control – How to keep infection under control 🗣️
- Using Fire Extinguishers Safely 🌈
- Who's Responsible for Fire Safety – Explains who's responsible for fire safety in the workplace 🗣️
- Working at Height - Scaffold and Scaffold Towers 🌈
- Working at Heights – Roofs and Fragile Surfaces 🌈
- Working at Height with Access Equipment, Ladders and Stepladders 🌈



Health & Safety – IOSH

IOSH is the Chartered body and largest membership organisation for health and safety professionals. So when it comes to health and safety, they know what they're talking about. These courses have been IOSH accredited so they meet and exceed industry standards. You need health and safety know how? This is the place to be.

- IOSH Managing Safely
- IOSH Managing Safely Refresher
- IOSH Working Safely



Approved
training
provider
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Specialist

Certain industries require courses tailored to their specific needs, so we've put together some inspiring courses for everything from Care, Housing and Transport.



Specialist – Care

- The Care Act: Charging and Financial Assessment
- The Care Act: First Contact and Identifying Needs
- The Care Act: Information and Advice
- The Care Act: Integration, Cooperation and Partnerships
- The Care Act: Introduction and Overview
- The Care Act: Person-Centred Care and Support
- The Care Act: Transition to Adulthood
- Basic Life Support (SCIE)
- Duty of Care (SCIE)
- Effective Communication in Health and Social Care (SCIE)
- Equality and Diversity in Health and Social Care (SCIE)
- Fluids, Nutrition and Food Safety (SCIE)
- Handling Information in Health and Social Care (SCIE)
- Harmful Sexual Behaviour – Children and Young People
- Health and Safety in Health & Social Care (SCIE)
- Infection Prevention and Control (SCIE)
- Mental Health, Dementia and Learning Disability (SCIE)
- Person-Centred Practice (SCIE)
- Personal Development for Workers in Health & Social Care (SCIE)
- Privacy and Dignity in Health and Social Care (SCIE)
- Safeguarding Adults in Health and Social Care (SCIE)
- Safeguarding Children in Health and Social Care (SCIE)
- The Care Act: Charging and Financial Assessment
- The Care Act: First Contact and Identifying Needs
- The Care Act: Information and Advice
- The Care Act: Integration, Cooperation and Partnerships
- The Care Act: Introduction and Overview
- The Care Act: Person-Centred Care and Support
- The Care Act: Transition to Adulthood
- Understanding Your Role in Health and Social Care (SCIE)
- What Can You Do to Help Childhood Bereavement? (created in partnership with Winston's Wish)

*SCIE is the Social Care Institute for Excellence

Specialist – Housing

- Corporate Complaints
- Customer Service Skills for Local Authorities

Specialist – Transport

- Driver Safety Awareness





hello@learningnexus.co.uk
learningnexus.co.uk
Learning Nexus Ltd